

Eating **D**isorders **R**esearch **S**ociety

PROGRAM AT-A-GLANCE



**24th Annual
Eating Disorders Research
Society Meeting**

**SYDNEY, AUSTRALIA
OCTOBER 25-27, 2018**

GENERAL INFORMATION

DATES

The XXIV Annual Meeting of the Eating Disorders Research Society begins Thursday, October 25 and adjourns Saturday, October 27, 2018.

CONFERENCE VENUE

Novotel Sydney Manly Pacific

55 N Steyne, Manly
NSW 2095, Australia
Tel: +61 2 9977 7666

OVERVIEW

The Eating Disorders Research Society is an international organization of researchers in the field of eating disorders interested in anorexia nervosa, bulimia nervosa, binge-eating disorder and obesity. The purpose of the organization is to hold an annual scientific meeting during which the most recent research in the field can be presented and discussed.

REGISTRATION

Name badges and additional program information are available at the Registration Desk located in the Grand Ballroom Foyer. The registration desk will be open during the following hours:

Thursday	7:30 AM - 6:00 PM
Friday	7:30 AM - 7:00 PM
Saturday	8:00 AM - 12:30 PM

SPEAKER READY AREA

The speaker ready area will be available to all oral presenters to both preview and edit presentations if necessary. The speaker ready area is located at the registration desk in the Grand Ballroom Foyer.

NO PHOTOGRAPHY POLICY

The Organizing Committee has decided that photography is not allowed except for official conference photographers.

MOBILE (CELLULAR) TELEPHONES

As a courtesy to others, please switch off mobile phones during all sessions.

LOST AND FOUND

All lost and found articles will be held at the conference registration desk, located in the foyer of the Grand Ballroom.

INSTRUCTIONS TO ORAL PRESENTERS

All speakers are required to bring their presentation on a USB drive to the registration desk **24 hours before the start of your session to ensure compatibility with the computers being used at the conference.** DO NOT BRING YOUR LAPTOP to the session room. A/V staff will not transfer your presentation or connect your laptop. Speakers should arrive at least 15 minutes prior to their session to introduce themselves to the session chair.

GENERAL INFORMATION

INSTRUCTIONS TO POSTER PRESENTERS

All poster presenters are expected to present their work during their assigned poster session. **Poster authors should mount their posters beginning at 1:00 PM on the day of their presentation and should remove their posters immediately following their poster session.** Any posters not removed at the conclusion of each poster session may be discarded.

WIFI ACCESS

Wireless Network: 'Novotel Public' or 'Novotel Conference'
Password: EDRS2018

*Please note: If wish to use the EDRS2018 Wifi access code in your room, you **MUST** first log in on the conference floor for this to work. If you do not, you will be prompted to log in differently in your room and charged the designated price.

ONLINE/MOBILE CONFERENCE PROGRAM

EDRS attendees may access the full online conference program in multiple formats:

Web-Based App

<http://mobile.edresearchsociety.org>

Online Program

www.edresearchsociety.org

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THURSDAY PROGRAM

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9:00 - 12:00 pm **PUBLISHING IN IJED AND JED AND EEDR**
Clarendon / Norfolk *Chairs: Ruth Weissman, Fernando Fernandez Aranda, Stephen Touyz & Phillipa Hay*

9:00 - 12:00 pm **THE NEW STATISTICS: ESTIMATION, OPEN SCIENCE, AND BEYOND**
Cutler / Barton *Chair: Geoff Cumming*

1:00 - 1:15 pm **WELCOME**
Grand Ballroom *Tracey Wade, EDRS President*

1:15 - 2:15 pm **KEYNOTE: FUTURE THOUGHTS AND BEHAVIOR CHANGE**
Grand Ballroom *Chair: Scott Crow*

Gabriele Oettingen, New York University.

2:15 - 3:15 pm **JIM MITCHELL LECTURE: COST-EFFECTIVENESS OF MODELS OF CARE FOR YOUNG PEOPLE WITH EATING DISORDERS IN THE UK AND REPUBLIC OF IRELAND (COSTED): A NATIONAL SURVEILLANCE STUDY**
Grand Ballroom *Chair: Anja Hilbert*

Sarah Byford, Institute Psychiatry, Psychology & Neuroscience.

3:15 - 3:45 pm **COFFEE BREAK**
Foyer

3:45 - 5:15 pm **SYMPOSIUM: ANOREXIA NERVOSA GENETICS INITIATIVE: ADVANCING GENOMIC DISCOVERY IN EATING DISORDERS**
Grand Ballroom *Chair: Cynthia Bulik*

Introduction. *Cynthia Bulik*

Achieving ANGI Goals by Building the ANGI Community. *Nick Martin*

Genome-wide Association Study Meta-Analysis Approach and Results. *Hunna Watson*

Beyond GWAS. *Zeynep Yilmaz*

ANGI: The Future. *Cynthia Bulik*

5:15 - 6:45 pm **POSTER SESSION I**
Gilberts Room

7:00 - 9:00 pm **WELCOME RECEPTION**

Manly Skiff Sailing Club

Manly Skiff Sailing Club
E Esplanade & Stuart Street, Manly NSW 2095
Telephone: (02) 9977 3322
<https://manlyskiff.com.au/>

Appetizers are provided and a cash bar will be available.

Transportation is not provided.

FRIDAY PROGRAM

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8:30 - 10:00 am **SYMPOSIUM: AGREEING ON A DEFINITION OF RECOVERY FOR RESEARCH**
Grand Ballroom

Chair: Tracey Wade

Introduction. *Tracey Wade*

Defining Recovery in Eating Disorder Research: Is a Consensus Definition Possible?
Ross Crosby

Recovery in Eating Disorders: A Bit of the Past and a Peek at Our Own Perspectives.
James Lock

Recovery Criteria From a Patient Perspective.
Eric van Furth

Discussion. *Audience*

*When prompted, please visit www.mentimeter.com to participate in this symposium and enter the code posted on the screen to answer questions.

10:00 - 10:30 am **COFFEE BREAK**
Foyer

10:30 - 12:00 pm **SYMPOSIUM: COGNITIVE REMEDIATION THERAPY FOR WEIGHT AND EATING DISORDERS: WHAT GAPS IT ADDRESSES AND WHERE ARE REMAINING GAPS?**
Grand Ballroom

Chair: Kate Tchanturia

Introduction. *Kate Tchanturia*

Cognitive Remediation for Obesity Randomized Treatment Trial –Australian Study.
Jayanthi Raman

Who Benefits Most from Cognitive Remediation Therapy? Results from the TRECOCAM Study.
Sylvie Berthoz

Impact of Autistic Characteristics on Cognitive Remediation Therapy Outcomes.
Kate Tchanturia

Longitudinal Effect of Cognitive Remediation Therapy in a Group Setting for Patients with Anorexia Nervosa – Danish Study.
Gry Kjarsdam Telleus

Discussion. *James Lock*

12:00 - 1:00 pm **LUNCH (on your own)**

1:00 - 2:00 pm **KEYNOTE: WHEN, WHY AND HOW SOCIAL RELATIONSHIPS SHAPE DISORDERED EATING**
Grand Ballroom

Chair: Kathleen Pike

Tegan Cruwys. The Australian National University

FRIDAY PROGRAM

2:00- 2:30 pm **COFFEE BREAK**
Foyer

2:30 - 4:00 pm **PARALLEL PAPERS I: INTERVENTIONS**
*Clarendon /
Norfolk* *Chair: Tim Brewerton*

- 2:30 The Influence of Oxytocin on Eating Behaviours and Stress in Bulimia Nervosa and Binge Eating Disorder. *Monica Leslie*
- 2:45 Efficacy of EEG Neurofeedback for the Reduction of Binge-Eating Episodes. *Marie Blume*
- 3:00 Body Mass Index Trajectories in Anorexia Nervosa. *Carol Kan*
- 3:15 Olanzapine vs Placebo for Adult Outpatients with Anorexia Nervosa: Impact on Weight, Psychological Symptoms, Metabolic Factors, and Somatic Symptoms During a 16-Week Randomized Clinical Trial. *Evelyn Attia*
- 3:30 Two Year Follow-Up of Schema Therapy and Appetite-Focused Cognitive Behaviour Therapy Versus Cognitive Behaviour Therapy for Transdiagnostic Binge Eating. *Jennifer Jordan*
- 3:45 Cognitive-Behavioral Therapy for Binge-Eating Disorder in Adolescents. *Anja Hilbert*

2:30 - 4:00 pm **PARALLEL PAPERS II: RISK AND COMORBIDITY**
Cutler / Barton *Chair: Howard Steiger*

- 2:30 Are There Signs of Neuronal Injury 30 Years After Anorexia Nervosa Onset? Investigation of Serum Neurofilament Light Chain Protein. *Elisabet Wentz*
- 2:45 A Comparison of Negative Affect and Emotion Regulation Networks Between Individuals with and Without Eating Psychopathology. *Kathryn Smith*
- 3:00 Changes in Appetite Perception, Gastrointestinal Function and State Anxiety in Adolescent Anorexia Nervosa During Short-Term Refeeding. *Gabriella Heruc - GFED/EDRS Award Winner*
- 3:15 Physical Activity in Patients with Anorexia Nervosa: Effect on Clinical Outcome and Factors Explaining Its Variability. *Verena Haas*
- 3:30 Profiling the Use of Eating Disorder-Related Online Discussion Forums: A Text-Mining and Network Analytic Approach. *Duncan McCaig*
- 3:45 DNA Methylation Age as a Possible Marker for Stage of Illness and Remission of Anorexia Nervosa: Preliminary Findings. *Linda Booij*

4:00 - 4:15 pm **PARALLEL SESSION BREAK**
Foyer *(No Coffee Provided)*

FRIDAY PROGRAM

4:15 - 5:45pm **PARALLEL PAPERS III: ASSESSMENT, RISK AND COURSE**
Clarendon / Norfolk *Chair: Nadia Micali*

- 4:15 Associations Between the Use of Smokeless Tobacco (Snus) and Disordered Eating, Weight Satisfaction, and Satisfaction with General Appearance in Adolescents. *Kristin Stedal*
- 4:25 Examination of the Shared Genetic Basis of Anorexia Nervosa and Obsessive-Compulsive Disorder. *Zeynep Yilmaz*
- 4:35 Eating Disorders: An Underdiagnosed Comorbidity in Patients with Bipolar Disorder. *Claire McAulay*
- 4:45 The Validation of the Parent Pica, ARFID and Rumination Disorder Interview (PARDI). *Rachel Bryant-Waugh*
- 4:55 The Dynamic Interplay Between Self-regulation and Affectivity in Explaining Binge Eating Among Adolescents. *Eva Van Malderen*
- 5:05 Illness Activity, Plasma Nutrient Levels, and DNA Methylation Levels in People With Anorexia Nervosa. *Howard Steiger*
- 5:15 Cohort Effects on Bulimia Nervosa Trajectories Over 10-year Follow-up. *Pamela Keel*
- 5:25 Neural White Matter Fibers Distinguish Between Obese Females with BED, Obese Non-BED Women and, Normal Weight Individuals: Preliminary Results. *Nara Estella*
- 5:35 The Neural Correlates of Altered Emotion Regulation in Obesity: A Multi-modal fMRI Study. *Trevor Steward*



Sydney | October 25-27

FRIDAY PROGRAM

4:15 - 5:45 pm **PARALLEL PAPERS IV:
INTERVENTIONS**

Cutler / Barton

Chair: Jennifer Wildes

- 4:15 Insula H-coil Deep Transcranial Magnetic Stimulation in Treatment Resistant Anorexia Nervosa: A Pilot Study. *Yuliya Knyahnytska*
- 4:25 Reducing the Stigma Associated with Anorexia Nervosa: An Evaluation of a Social Consensus Intervention Among Australian and Chinese Young Women. *Elizabeth Rieger*
- 4:35 Brief Cognitive Behavioural Therapy for Non-Underweight Eating Disorders: Factors Associated with Reliable Clinical Change. *Glenn Waller*
- 4:45 Sustained Child Weight Loss Related to Increased Restraint for Parents and Children Enrolled in Family-Based Treatment for Obesity. *Dawn Eichen*
- 4:55 Prevalence, Incidence, Clinical Significance and Health Service Use of Eating Disorders and OSFED Syndromes in Australian Adolescents. *Deborah Mitchison*
- 5:05 Using Deep-Brain Stimulation and Neuroethics to Understand and Treat Severe Enduring Anorexia Nervosa (SE-AN): Clinical Outcomes of DBS to the Anterior Limb of the Internal Capsule at the Nucleus Accumbens, Including the First Double Blind DBS On-Off Data and Patient Experience. *Rebecca Park*
- 5:15 Novel Methods of Enhancing Inhibitory Control in Eating and Weight Disorders: Gamification and Virtual Reality. *Stephanie Manasse*
- 5:25 Premature Termination of Inpatient Eating Disorder Treatment: Timing Matters. *D. Blake Woodside*
- 5:35 Adherence as a Predictor of Dropout in Internet-Based Guided Self-Help for Adults with Binge-Eating Disorder and Overweight or Obesity. *Hans-Christian Puls*

5:45 - 7:00 pm **POSTER SESSION II**

Gilberts Room



SATURDAY PROGRAM

SATURDAY PROGRAM

9:00 - 10:30 am TOP ABSTRACTS & AWARDS

Grand Ballroom Chair: Tracey Wade

- 9:00 The Course of Eating Disorders Involving Bingeing and Purging Among Adolescents: Prevalence, Stability, and Transitions. *Kimberly Glazer*
Best Student Abstract Award
- 9:15 Brain Water Diffusion Changes in Adolescent Girls with Anorexia Nervosa. *Beatriz Martin Monzon*
Early Career Investigator Award
- 9:30 Severe and Enduring Anorexia Nervosa? Illness Severity and Duration Are Unrelated to Outcomes from Enhanced Cognitive Behavioral Therapy. *Bronwyn Raykos*
Top Scoring Abstract Award - Supported by InsideOut Institute
- 9:45 Child Body Image Outcomes from the Confident Body, Confident Child Parent Resource: An 18-Month Follow-Up. *Laura Hart*
- 10:00 Does Length of Stay Matter? A Comparison of Longer and Shorter Inpatient Treatment on Outcome in Adults with Anorexia Spectrum Disorders. *Mimi Israel*
- 10:15 Cognitive-Behavioral Therapy for Avoidant/Restrictive Food Intake Disorder (CBT-AR): A Pilot Study Demonstrating Feasibility, Efficacy, and Acceptability. *Jennifer Thomas*

10:30 - 11:00 am COFFEE BREAK

Foyer

11:00 - 12:30 pm SYMPOSIUM: INFLUENCING OBESITY PREVENTION POLICY FROM AN EATING DISORDERS PERSPECTIVE

Grand Ballroom

Chair: Dasha Nicholls

Introduction. *Dasha Nicholls*

The Imperatives for Obesity Policy. *Russell Viner*

The Prevalence, Causes and Consequences of Weight Bias: Implications for Health Practice and Policy. *Phillippa Diedrichs*

Reflections on 'Tackling Childhood Obesity' at a State Level. *Louise Baur*

Leveraging Food Policy for the Prevention of Eating Disorders: Getting a Seat at the Table. *Rachel Rodgers*

12:30 - 1:00 pm BUSINESS MEETING

Grand Ballroom

All are welcome to attend.

NOTES

SAVE THE DATE!

25th Annual Meeting of the
Eating Disorders Research Society

September 6-8, 2019
Chicago, IL



EDRS 2019